

BARTHEL ADL INDEX

PATIENT'S NAME:

HOSPITAL NUMBER:

		DATE			
BOWELS	0 = Incontinent 1 = Occasional accident (1 per week) 2 = Continent				
BLADDER	0 = Incontinent or catheterised & unable to manage 1 = Occasional accident (max 1 x per 24 hours) 2 = Continent for over 7 days				
GROOMING	0 = Needs help 1 = Independent, face, hair, teeth, shaving.				
TOILET USE	0 = Dependent 1 = Needs some help but can do something. 2 = Independent (on and off, dressing, wiping).				
FEEDING	0 = Unable 1 = Needs help cutting, spreading butter etc. 2 = Independent.				
TRANSFER	0 = Unable 1 = Major help (1-2 people, physical). 2 = Minor help (verbal or physical). 3 = Independent				
MOBILITY	0 = Immobile 1 = Wheelchair independent including corners etc. 2 = Walks with help of 1 person (verbal or physical). 3 = Independent (but may use any aid, eg. stick).				
DRESSING	0 = Dependent 1 = Needs help but can do half unaided. 2 = Independent				
STAIRS	0 = Unable 1 = Needs help (verbal, physical, carrying aid). 2 = Independent up and down.				
BATHING	0 = Dependent 1 = Independent				
TOTAL					