

Frailty Intervention Team

Medical Bleep: 536

Consultant Geriatrician: Dr Pathak

(Mon, Tues, Thurs, Fri 8 am – 6 pm)

ACP: Ruth Heyes (Mon, Tues, Weds 9am - 5 pm)

Last referral time: 4 pm

Medical Inclusion Criteria:

- Clinical frailty score of above 6
- Potential for discharge in < 24 hours
- Polypharmacy
- A need for advanced care planning

Exclusion criteria:

- Fractures requiring Ortho input
- TIA/Stroke
- Head injury with LOC
- AAA/abdo surgery
- GI Bleed
- MI
- Clear need for speciality input

Therapy Bleep: 971

Working hours: 8 am – 8 pm, 7 days/week

Last referral time: 6 pm



General criteria:

- **Age** >75 with raised frailty score
- **Or** from a care home
- **Or** a frequent flyer
- **Or** Acopia

AND presenting with a frailty syndrome:

- Falls
- Delirium
- Incontinence
- Reduced mobility
- Polypharmacy side effects

Therapy Inclusion Criteria:

- Patient not at pre admission mobility or function
- Recent falls or fall leading to admission
- Functional decline with need for package of care/increased care
- New pressure care needs
- Fast track EOL discharge requiring care or equipment for home

Exclusion Criteria:

- Falls due to medical reasons or ETOH
- Patients undergoing detox or experiencing withdrawal symptoms