Sepsis: Risk stratification tools

How to use these tools

- 1. Think 'could this be sepsis?' use the flowchart on the next page to decide if the person has suspected sepsis
- 2. If sepsis is suspected, then use the algorithm appropriate to the person's age group and the setting (either out of hospital or in hospital) to:
 - stratify their risk (low, moderate to high or high)
 - see what care NICE recommends.

Always refer back to the NICE guideline for recommendation details



Could this be sepsis?

For a person of **any age** with a possible infection:

- Think could this be sepsis? if the person presents with signs or symptoms that indicate infection, even if they do not have a high temperature.
- Be aware that people with sepsis may have non-specific, non-localised presentations (for example, feeling very unwell).
- Pay particular attention to concerns expressed by the person and their family or carer.
- Take particular care in the assessment of people who might have sepsis if they, or their parents or carers, are unable to give a good history (for example, people with English as a second language or people with communication problems).



Assessment

Assess people with suspected infection to identify:

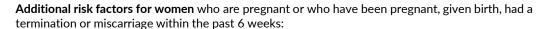
- possible source of infection
- risk factors for sepsis (see right-hand box)
- indicators of clinical of concern such as new onset abnormalities of behaviour, circulation or respiration.

Healthcare professionals performing a remote assessment of a person with suspected infection should seek to identify factors that increase risk of sepsis or indications of clinical concern.

Risk factors for sepsis

- The very young (under 1 year) and older people (over 75 years) or very frail people.
- Recent trauma or surgery or invasive procedure (within the last 6 weeks).
- Impaired immunity due to illness (for example, diabetes) or drugs (for example, people receiving longterm steroids, chemotherapy or immunosuppressants).
- Indwelling lines, catheters, intravenous drug misusers, any breach of skin integrity (for example, any
 cuts, burns, blisters or skin infections).

If at risk of neutropenic sepsis - refer to secondary or tertiary care



- gestational diabetes, diabetes or other comorbidities
- needed invasive procedure such as caesarean section, forceps delivery, removal of retained products of conception
- prolonged rupture of membranes
- close contact with someone with group A streptococcal infection
- · continued vaginal bleeding or an offensive vaginal discharge.



Sepsis not suspected

- no clinical cause for concern
- no risk factors for sepsis.

Use clinical judgement to treat the person, using NICE guidance relevant to their diagnosis when available.



SEPSIS SUSPECTED

If sepsis is suspected, use a structured set of observations to assess people in a face-to-face setting.

Consider using early warning scores in acute hospital settings.

Parental or carer concern is important and should be acknowledged.

Stratify risk of severe illness and death from sepsis using the tool appropriate to age and setting > >

Sepsis risk stratification tool: children aged under 5 years out of hospital

High risk criteria

- Behaviour:
 - no response to social cues
 - appears ill to a healthcare professional
 - does not wake, or if roused does not stay awake
 - weak high-pitched or continuous cry
- Heart rate:
 - aged under 1 year: 160 beats per minute or
 - □ aged 1–2 years: 150 beats per minute or more
 - aged 3-4 years: 140 beats per minute or more
 - heart rate less than 60 beats per minute at any age
- Respiratory rate:
 - aged under 1 year: 60 breaths per minute or more
 - □ aged 1–2 years: 50 breaths per minute or more
 - aged 3-4 years: 40 breaths per minute or more
 - grunting
 - apnoea
 - oxygen saturation of less than 90% in air or increased oxygen requirement over baseline
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin
- Temperature:
 - aged under 3 months: 38°C or more
 - any age: less than 36°C

Moderate to high risk criteria

- Behaviour:
 - not responding normally to social cues
 - no smile
 - wakes only with prolonged stimulation
 - decreased activity
 - parent or carer concern that child is behaving differently from usual
- Heart rate:
 - aged under 1 year: 150–159 beats per minute
 - aged 1-2 years: 140-149 beats per minute
 - aged 3-4 years: 130-139 beats per minute
- Respiratory rate:
 - aged under 1 year: 50-59 breaths per minute
 - □ aged 1–2 years: 40–49 breaths per minute
 - aged 3-4 years: 35-39 breaths per minute
 - oxygen saturation less than 92% in air or increased oxygen requirement over baseline
 - nasal flaring
- Capillary refill time of 3 seconds or more
- Reduced urine output, or for catheterised patients passed less than 1 ml/kg of urine per hour
- Pallor of skin, lips or tongue
- Temperature:
 - □ aged 3-6 months: 39°C or more
- Leg pain
- Cold hands or feet

Low risk criteria

- Responds normally to social cues
- Content or smiles
- Stays awake or awakens quickly
- Strong normal cry or not crying
- No high risk or moderate to high risk criteria met
- Normal colour

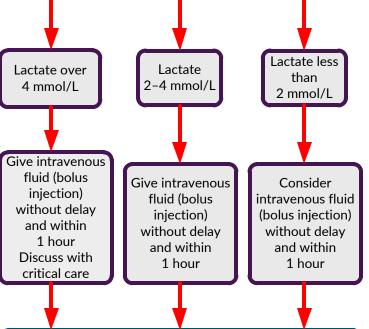
Treat definitive condition **ANY** and/or provide If aged under 5 years and high risk criteria met information to safety net immunity compromised **AND** any moderate to Can definitive condition high risk criteria met be diagnosed and treated in an out of hospital setting? Send patient urgently for YES emergency care (setting with resuscitation facilities)

Provide information about symptoms to monitor and how to access medical care

National Institute for Health and Care Excellence

Sepsis risk stratification tool: children aged under 5 years in hospital

High risk criteria Moderate to high risk criteria Low risk criteria Behaviour: Behaviour: Responds normally to social not responding normally to social cues no response to social cues cues appears ill to a healthcare professional no smile Content or smiles wakes only with prolonged stimulation does not wake, or if roused does not stay awake Stays awake or awakens weak high-pitched or continuous cry decreased activity parent or carer concern that child is behaving differently Heart rate: Strong normal cry or not aged under 1 year: 160 beats per minute or Heart rate: No high risk or moderate to aged 1-2 years: 150 beats per minute or more • aged under 1 year: 150-159 beats per minute high risk criteria met aged 3-4 years: 140 beats per minute or more □ aged 1–2 years: 140–149 beats per minute Normal colour • heart rate less than 60 beats per minute at any aged 3-4 years: 130-139 beats per minute Respiratory rate: Respiratory rate: □ aged under 1 year: 50–59 breaths per minute aged under 1 year: 60 breaths per minute or aged 1-2 years: 40-49 breaths per minute aged 3-4 years: 35-39 breaths per minute □ aged 1–2 years: 50 breaths per minute or more • oxygen saturation less than 92% in air or increased oxygen aged 3-4 years: 40 breaths per minute or more requirement over baseline nasal flaring apnoea Capillary refill time of 3 seconds or more oxygen saturation of less than 90% in air or Reduced urine output, or for catheterised patients passed less increased oxygen requirement over baseline than 1 ml/kg of urine per hour Mottled or ashen appearance Pallor of skin, lips or tongue Cyanosis of skin, lips or tongue Temperature: Non-blanching rash of skin □ aged 3-6 months: 39°C or more Temperature: Leg pain aged under 3 months: 38°C or more Cold hands or feet any age: less than 36°C 1 or more high risk 2 or more moderate to high Only 1 moderate to high risk Suspected sepsis, no high or high criteria met risk criteria met criterion met to moderate risk criteria met Clinical assessment Arrange immediate review by senior clinical decision maker Clinician review and consider and manage (paediatric or emergency care ST4 or above or equivalent) Carry out venous blood tests blood tests within 1 hour according to clinical for the following: judgement Carry out venous blood tests for the following: blood gas for lactate blood gas for glucose and lactate blood culture blood culture full blood count full blood count C-reactive protein C-reactive protein urea and electrolytes urea and electrolytes creatinine Can creatinine definitive condition be clotting screen Clinician review and results YES diagnosed review within 1 hour and treated? Give intravenous antibiotics without delay (within a maximum of 1 hour) Discuss with consultant Lactate 2 mmol/L or Lactate over less 2 mmol/L Lactate less Lactate over Lactate than definitive condition 2-4 mmol/L 4 mmol/L escalate to high risk 2 mmol/L diagnosed? Manage definitive Give intravenous condition. If fluid (bolus Give intravenous Consider If no definitive condition injection) appropriate, fluid (bolus intravenous fluid identified, repeat structured without delay aiscnarge with injection) (bolus injection) assessment at least hourly and within information without delay without delay depending on setting 1 hour and within and within Discuss with 1 hour 1 hour critical care Ensure review by a Carry out observations at least every 30 minutes or senior decision continuous monitoring in emergency department maker within 3 hours for Consultant to attend (if not already present) if the person consideration of does not improve antibiotics



Sepsis risk stratification tool: children aged 5-11 years out of hospital

High risk criteria

- Behaviour:
 - objective evidence of altered behaviour or mental state
 - appears ill to a healthcare professional
 - does not wake, or if roused does not stay awake
- Respiratory rate:
 - aged 5 years: 29 breaths per minute or more
 - □ aged 6-7 years: 27 breaths per minute or more
 - □ aged 8–11 years: 25 breaths per minute or more
 - oxygen saturation of less than 90% in air or increased oxygen requirement over baseline
- Heart rate:
 - aged 5 years: 130 beats per minute or more
 - □ aged 6–7 years: 120 beats per minute or more
 - □ aged 8-11 years: 115 beats per minute or more
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin

Moderate to high risk criteria

- Behaviour:
 - not responding normally to social cues
 - decreased activity
 - parent or carer concern that child is behaving differently from usual
- Respiratory rate:
 - aged 5 years: 24-28 breaths per minute
 - aged 6-7 years: 24-26 breaths per minute
 - aged 8-11 years: 22-24 breaths per minute
 - oxygen saturation less than 92% in air or increased oxygen requirement over baseline
- Heart rate:
 - aged 5 years: 120-129 beats per minute
 - □ aged 6-7 years: 110-119 beats per minute
 - aged 8-11 years: 105-114 beats per minute
- Capillary refill time of 3 seconds or more
- Reduced urine output, or for catheterised patients passed less than 1 ml/kg of urine per hour
- Tympanic temperature less than 36°C
- Leg pain
- Cold hands or feet

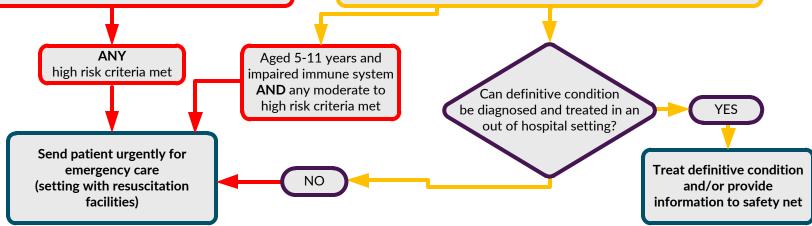
Provide information about symptoms to monitor and how to access medical care

Low risk criteria

No high risk or moderate to

Normal behaviour

high risk criteria met





Sepsis risk stratification tool: children aged 5-11 years in hospital

High risk criteria Moderate to high risk criteria Low risk criteria Behaviour: Behaviour: Normal behaviour objective evidence of altered behaviour or not behaving normally No high risk or moderate to decreased activity high risk criteria met appears ill to a healthcare professional parent or carer concern that child is behaving differently does not wake, or if roused does not stay awake Heart rate: Heart rate: aged 5 years: 130 beats per minute or more aged 5 years: 120–129 beats per minute □ aged 6–7 years: 120 beats per minute or more □ aged 6-7 years: 110-119 beats per minute □ aged 8–11 years: 115 beats per minute or more □ aged 8–11 years: 105–114 beats per minute • heart rate less than 60 beats per minute at any Respiratory rate: • aged 5 years: 24-28 breaths per minute Respiratory rate: □ aged 6–7 years: 24–26 breaths per minute aged 5 years: 29 breaths per minute or more □ aged 8-11 years: 22-24 breaths per minute □ aged 6–7 years: 27 breaths per minute or more • oxygen saturation less than 92% in air or increased oxygen • aged 8–11 years: 25 breaths per minute or more requirement over baseline oxygen saturation of less than 90% in air or Capillary refill time of 3 seconds or more increased oxygen requirement over baseline Reduced urine output, or for catheterised patients passed less Mottled or ashen appearance than 1 ml/kg of urine per hour Cyanosis of skin, lips or tongue Tympanic temperature less than 36°C Non-blanching rash of skin Leg pain Cold hands or feet 1 or more high risk 2 or more moderate to high Only 1 moderate to high risk Suspected sepsis, no high or high criteria met risk criteria met criterion met to moderate risk criteria met Clinical assessment Arrange immediate review by senior clinical decision maker Clinician review and consider Carry out venous blood tests and manage (paediatric or emergency care ST4 or above or equivalent) blood tests within 1 hour for the following: according to clinical blood gas for glucose judgement Carry out venous blood tests for the following: and lactate blood gas for glucose and lactate blood culture blood culture full blood count full blood count C-reactive protein C-reactive protein urea and electrolytes urea and electrolytes creatinine Can creatinine definitive condition be clotting screen YES Clinician review and results diagnosed review within 1 hour and treated? Give intravenous antibiotics without delay (within a maximum of 1 hour) Discuss with consultant Lactate 2 mmol/L or Lactate over less 2 mmol/L Lactate less Lactate over Lactate than definitive condition 2-4 mmol/L 4 mmol/L escalate to high risk 2 mmol/L diagnosed? Manage definitive Give intravenous condition. If fluid (bolus Give intravenous Consider If no definitive condition injection) appropriate, fluid (bolus intravenous fluid identified, repeat structured without delay discharge with injection) (bolus injection) assessment at least hourly and within information without delay without delay depending on setting 1 hour and within and within Discuss with 1 hour 1 hour critical care Ensure review by a Carry out observations at least every 30 minutes or senior decision continuous monitoring in emergency department maker within 3 hours for Consultant to attend (if not already present) if the person consideration of does not improve antibiotics

Sepsis risk stratification tool: children and young people aged 12-17 years out of hospital

High risk criteria

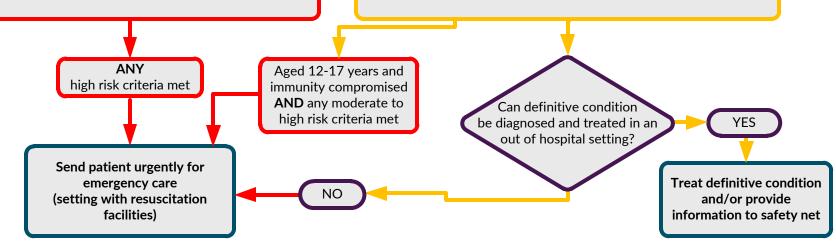
- Behaviour:
 - objective evidence of altered behaviour or mental state
- Respiratory rate:
 - all ages: 25 breaths per minute or more **OR**
 - new need for 40% oxygen or more to maintain saturation more than 92% (or more than 88% in known chronic obstructive pulmonary disease)
- Heart rate:
 - all ages: more than 130 beats per minute
- Systolic blood pressure:
 - □ all ages: 90 mmHg or less **OR**
 - more than 40 mmHg below normal
- Not passed urine in previous 18 hours, or for catheterised patients passed less than 0.5 ml/kg of urine per hour
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin

Moderate to high risk criteria

- Behaviour:
 - history from patient, friend or relative of new-onset altered behaviour or mental state
 - history of acute deterioration of functional ability
- Impaired immune system
- Trauma, surgery or invasive procedures in the last 6 weeks
- Respiratory rate:
 - □ all ages: 21–24 breaths per minute
- Heart rate:
 - □ all ages: 91–130 beats per minute
 - for pregnant women: 100-130 beats per minute
- New-onset arrythmia
- Systolic blood pressure 91–100 mmHg
- Not passed urine in the past 12–18 hours, or for catheterised patients passed 0.5–1 ml/kg of urine per hour
- Tympanic temperature less than 36°C
- Signs of potential infection:
 - redness
 - swelling or discharge at surgical site
 - breakdown of wound

Low risk criteria

- Normal behaviour
- No high risk or moderate to high risk criteria met
- No non-blanching rash



Provide information about symptoms to monitor and how to access medical care



Sepsis risk stratification tool: children and young people aged 12-17 in hospital

High risk criteria Moderate to high risk criteria Low risk criteria Behaviour: Behaviour: Normal behaviour • history from patient, friend or relative of new onset of objective evidence of new altered mental state No high risk or moderate to altered behaviour or mental state Heart rate: high risk criteria met history of acute deterioration of functional ability all ages: more than 130 beats per minute No non-blanching rash Impaired immune system (illness or drugs, including oral steroids) Respiratory rate: Trauma, surgery or invasive procedures in the last 6 weeks all ages: 25 breaths per minute or more OR • new need for 40% oxygen or more to maintain Respiratory rate: 21-24 breaths per minute saturation more than 92% (or more than 88% in known chronic obstructive pulmonary □ all ages: 91–130 beats per minute disease) • for pregnant women, 100-130 beats per minute Systolic blood pressure: New-onset arrhythmia □ all ages: 90 mmHg or less **OR** Systolic blood pressure 91-100 mmHg more than 40 mmHg below normal Not passed urine in the past 12-18 hours, or for catheterised Not passed urine in previous 18 hours, or for patients passed 0.5-1 ml/kg of urine per hour catheterised patients passed less than 0.5 ml/kg of Tympanic temperature less than 36°C urine per hour Signs of potential infection: Mottled or ashen appearance redness Cyanosis of skin, lips or tongue swelling or discharge at surgical site Non-blanching rash of skin breakdown of wound 1 or more high risk Only 1 moderate to high risk Suspected sepsis, no high or high 2 or more moderate to high to moderate risk criteria met criteria met criterion met risk criteria met **OR** systolic blood pressure of 91-100 mmHg Clinical assessment Arrange immediate review by senior clinical decision maker Clinician review and consider Carry out venous blood tests and manage (paediatric or emergency care ST4 or above or equivalent) blood tests within 1 hour for the following: according to clinical blood gas for glucose judgement Carry out venous blood tests for the following: and lactate blood gas for glucose and lactate blood culture blood culture full blood count full blood count C-reactive protein C-reactive protein urea and electrolytes urea and electrolytes creatinine Can creatinine clotting screen definitive condition be clotting screen YES diagnosed Clinician review and results and treated? Give intravenous antibiotics without delay (within a review within 1 hour maximum of 1 hour) Discuss with consultant NO Lactate 2 mmol/L or Lactate over 2 mmol/L less and no acute Lactate over OR kidney injury* 4 mmol/L OR Lactate less Lactate assessed as having systolic blood than 2-4 mmol/L acute kidney injury* definitive condition pressure less 2 mmol/L escalate to high risk diagnosed? than 90 mmHg Manage definitive Give intravenous fluid (bolus condition. If Give intravenous Consider If no definitive condition injection) appropriate, fluid (bolus intravenous fluid identified, repeat structured without delay discharge with injection) (bolus injection) assessment at least hourly and within information without delay without delay depending on setting 1 hour and within and within Discuss with 1 hour 1 hour critical care Ensure review by a Carry out observations at least every 30 minutes or senior decision continuous monitoring in emergency department * see NICE's guideline on maker within 3 hours for Acute kidney injury (CG169) Consultant to attend (if not already present) if the person consideration of does not improve antibiotics

Sepsis risk stratification tool: people aged 18 years and over out of hospital

High risk criteria

- Behaviour:
 - objective evidence of altered behaviour or mental state
- Respiratory rate:
 - 25 breaths per minute or more OR
 - new need for 40% oxygen or more to maintain saturation more than 92% (or more than 88% in known chronic obstructive pulmonary disease)
- Heart rate:
 - more than 130 beats per minute
- Systolic blood pressure:
 - 90 mmHg or less OR
 - more than 40 mmHg below normal
- Not passed urine in previous 18 hours, or for catheterised patients passed less than 0.5 ml/kg of urine per hour
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin

Moderate to high risk criteria

- Behaviour:
 - history from patient, friend or relative of new-onset altered behaviour or mental state
 - history of acute deterioration of functional ability
- Impaired immune system
- Trauma, surgery or invasive procedures in the last 6 weeks
- Respiratory rate:
 - □ 21-24 breaths per minute
- Heart rate:
 - □ 91-130 beats per minute
 - for pregnant women: 100-130 beats per minute
- New-onset arrythmia
- Systolic blood pressure 91–100 mmHg
- Not passed urine in the past 12–18 hours, or for catheterised patients passed 0.5–1 ml/kg of urine per hour
- Tympanic temperature less than 36°C
- Signs of potential infection:
 - □ redness
 - swelling or discharge at surgical site
 - breakdown of wound

Low risk criteria

- Normal behaviour
- No high risk or moderate to high risk criteria met

ANY
high risk criteria met

Can definitive condition
be diagnosed and treated in an out of hospital setting?

Send patient urgently for emergency care (setting with resuscitation facilities)

Treat definitive condition and/or provide information to safety net

Provide information about symptoms to monitor and how to access medical care



Sepsis risk stratification tool: people aged 18 and over in hospital

High risk criteria Moderate to high risk criteria Low risk criteria Behaviour: Behaviour: Normal behaviour • history from patient, friend or relative of new onset of objective evidence of new altered mental state No high risk or moderate to altered behaviour or mental state Heart rate: high risk criteria met history of acute deterioration of functional ability • more than 130 beats per minute No non-blanching rash Impaired immune system (illness or drugs, including oral steroids) Respiratory rate: Trauma, surgery or invasive procedures in the last 6 weeks 25 breaths per minute or more OR • new need for 40% oxygen or more to maintain Respiratory rate: 21-24 breaths per minute saturation more than 92% (or more than 88% in known chronic obstructive pulmonary disease) □ 91–130 beats per minute Systolic blood pressure: • for pregnant women, 100-130 beats per minute □ 90 mmHg or less **OR** New-onset arrhythmia more than 40 mmHg below normal Systolic blood pressure 91-100 mmHg Not passed urine in previous 18 hours, or for Not passed urine in the past 12-18 hours, or for catheterised catheterised patients passed less than 0.5 ml/kg of patients passed 0.5-1 ml/kg of urine per hour urine per hour Tympanic temperature less than 36°C Mottled or ashen appearance Signs of potential infection: Cyanosis of skin, lips or tongue redness Non-blanching rash of skin swelling or discharge at surgical site breakdown of wound 1 or more high risk Only 1 moderate to high risk Suspected sepsis, no high or high 2 or more moderate to high criteria met criterion met to moderate risk criteria met risk criteria met **OR** systolic blood pressure of 91-100 mmHg Clinical assessment Arrange immediate review by senior clinical decision maker Clinician review and consider Carry out venous blood tests and manage (emergency care ST4 or above or equivalent) blood tests within 1 hour for the following: according to clinical blood gas for glucose judgement Carry out venous blood tests for the following: and lactate blood gas for glucose and lactate blood culture blood culture full blood count full blood count C-reactive protein C-reactive protein urea and electrolytes urea and electrolytes creatinine Can creatinine clotting screen definitive condition be clotting screen YES diagnosed Clinician review and results and treated? Give intravenous antibiotics without delay (within a review within 1 hour maximum of 1 hour) Discuss with consultant NO Lactate 2 mmol/L or Lactate over 2 mmol/L less and no acute Lactate over OR kidney injury* 4 mmol/L OR Lactate less Lactate assessed as having systolic blood than 2-4 mmol/L acute kidney injury* definitive condition pressure less 2 mmol/L escalate to high risk diagnosed? than 90 mmHg Manage definitive Give intravenous fluid (500 ml condition. If Give intravenous Consider If no definitive condition over less than appropriate, fluid (bolus intravenous fluid identified, repeat structured 15 mins) without discharge with injection) (bolus injection) assessment at least hourly delay and within information without delay without delay depending on setting 1 hour and within and within Discuss with 1 hour 1 hour critical care Ensure review by a Carry out observations at least every 30 minutes or senior decision continuous monitoring in emergency department maker within * see NICE's guideline on 3 hours for Acute kidney injury (CG169) Consultant to attend (if not already present) if the person consideration of does not improve antibiotics

Table 1 Risk stratification tool for adults, children and young people aged 12 years and over with suspected sepsis

Category	High risk criteria	Moderate to high risk criteria	Low risk criteria
History	Objective evidence of new altered mental state	History from patient, friend or relative of new onset of altered behaviour or mental state History of acute deterioration of functional ability Impaired immune system (illness or drugs including oral steroids) Trauma, surgery or invasive procedures in the last 6 weeks	Normal behaviour
Respiratory	Raised respiratory rate: 25 breaths per minute or more New need for oxygen (40% FiO ₂ or more) to maintain saturation more than 92% (or more than 88% in known chronic obstructive pulmonary disease)	Raised respiratory rate: 21–24 breaths per minute	No high risk or moderate to high risk criteria met
Blood pressure	Systolic blood pressure 90 mmHg or less or systolic blood pressure more than 40 mmHg below normal	Systolic blood pressure 91–100 mmHg	No high risk or moderate to high risk criteria met
Circulation and hydration	Raised heart rate: more than 130 beats per minute Not passed urine in previous 18 hours. For catheterised patients, passed less than 0.5 ml/kg of urine per hour	Raised heart rate: 91–130 beats per minute (for pregnant women 100–130 beats per minute) or new onset arrhythmia Not passed urine in the past 12–18 hours For catheterised patients, passed 0.5–1 ml/kg of urine per hour	No high risk or moderate to high risk criteria met
Temperature		Tympanic temperature less than 36°C	
Skin	Mottled or ashen appearance Cyanosis of skin, lips or tongue Non-blanching rash of skin	Signs of potential infection, including redness, swelling or discharge at surgical site or breakdown of wound	No non-blanching rash

Sepsis: recognition, diagnosis and early management

NICE guideline NG51 https://www.nice.org.uk/guidance/ng51

Table 2 Risk stratification tool for children aged 5–11 years with suspected sepsis

Category	Age	High risk criteria	Moderate to high risk criteria	Low risk criteria
Behaviour	Any	Objective evidence of altered behaviour or mental state Appears ill to a healthcare professional Does not wake or if roused does not stay awake	Not behaving normally Decreased activity Parent or carer concern that the child is behaving differently from usual	Behaving normally
Respiratory	Any			No high risk or moderate to high risk criteria met
	Aged 5 years			
	Aged 6-7 years			
	Aged 8-11 years	Raised respiratory rate: 25 breaths per minute or more	Raised respiratory rate: 22–24 breaths per minute	
Circulation and hydration	Any	For catheterised patients, passed less than 1 ml/kg of urine per hour Raised heart rate: 130 beats per minute or more Raised heart rate: 120–129 beats per minute		No high risk or moderate to high risk criteria met
	Aged 5 years			
	Aged 6–7 years			
	Aged 8-11 years	Raised heart rate: 115 beats per minute or more	Raised heart rate: 105–114 beats per minute	
Temperature	Any		Tympanic temperature less than 36°C	
Skin	Any	Mottled or ashen appearance Cyanosis of skin, lips or tongue Non-blanching rash of skin		
Other	Any		Leg pain Cold hands or feet	No high or moderate to high risk criteria met

Sepsis: recognition, diagnosis and early management

NICE guideline NG51 https://www.nice.org.uk/guidance/ng51

Table 3 Risk stratification tool for children aged under 5 years with suspected sepsis

Category	Age	High risk criteria	Moderate to high risk criteria	Low risk criteria
Behaviour	Any	No response to social cues Appears ill to a healthcare professional Does not wake, or if roused does not stay awake Weak high-pitched or continuous cry	Not responding normally to social cues No smile Wakes only with prolonged stimulation Decreased activity Parent or carer concern that child is behaving differently from usual	Responds normally to social cues Content or smiles Stays awake or awakens quickly Strong normal cry or not crying
Respiratory	Any	Grunting Apnoea Oxygen saturation of less than 90% in air or increased oxygen requirement over baseline	Oxygen saturation of less than 92% in air or increased oxygen requirement over baseline Nasal flaring	No high risk or moderate to high risk criteria met
	Under 1 year	Raised respiratory rate: 60 breaths per minute or more	Raised respiratory rate: 50–59 breaths per minute	
	1–2 years	Raised respiratory rate: 50 breaths per minute or more	Raised respiratory rate: 40–49 breaths per minute	
	3–4 years	Raised respiratory rate: 40 breaths per minute or more	Raised respiratory rate: 35–39 breaths per minute	
Circulation and hydration	Any	Bradycardia: heart rate less than 60 beats per minute	Capillary refill time of 3 seconds or more Reduced urine output For catheterised patients, passed less than 1 ml/kg of urine per hour	No high risk or moderate to high risk criteria met
	Under 1 year	Rapid heart rate: 160 beats per minute or more	Rapid heart rate: 150–159 beats per minute	
	1–2 years	Rapid heart rate: 150 beats per minute or more	Rapid heart rate: 140–149 beats per minute	

	3–4 years	Rapid heart rate: 140 beats per minute or more	Rapid heart rate: 130–139 beats per minute	
Skin	Any	Mottled or ashen appearance Cyanosis of skin, lips or tongue Non-blanching rash of skin	Pallor of skin, lips or tongue	Normal colour
Temperature	Any	Less than 36°C		
	Under 3 months	38°C or more		
	3–6 months		39°C or more	
Other	Any		Leg pain Cold hands or feet	No high risk or high to moderate risk criteria met

This table is adapted from NICE's guideline on fever in under 5s.