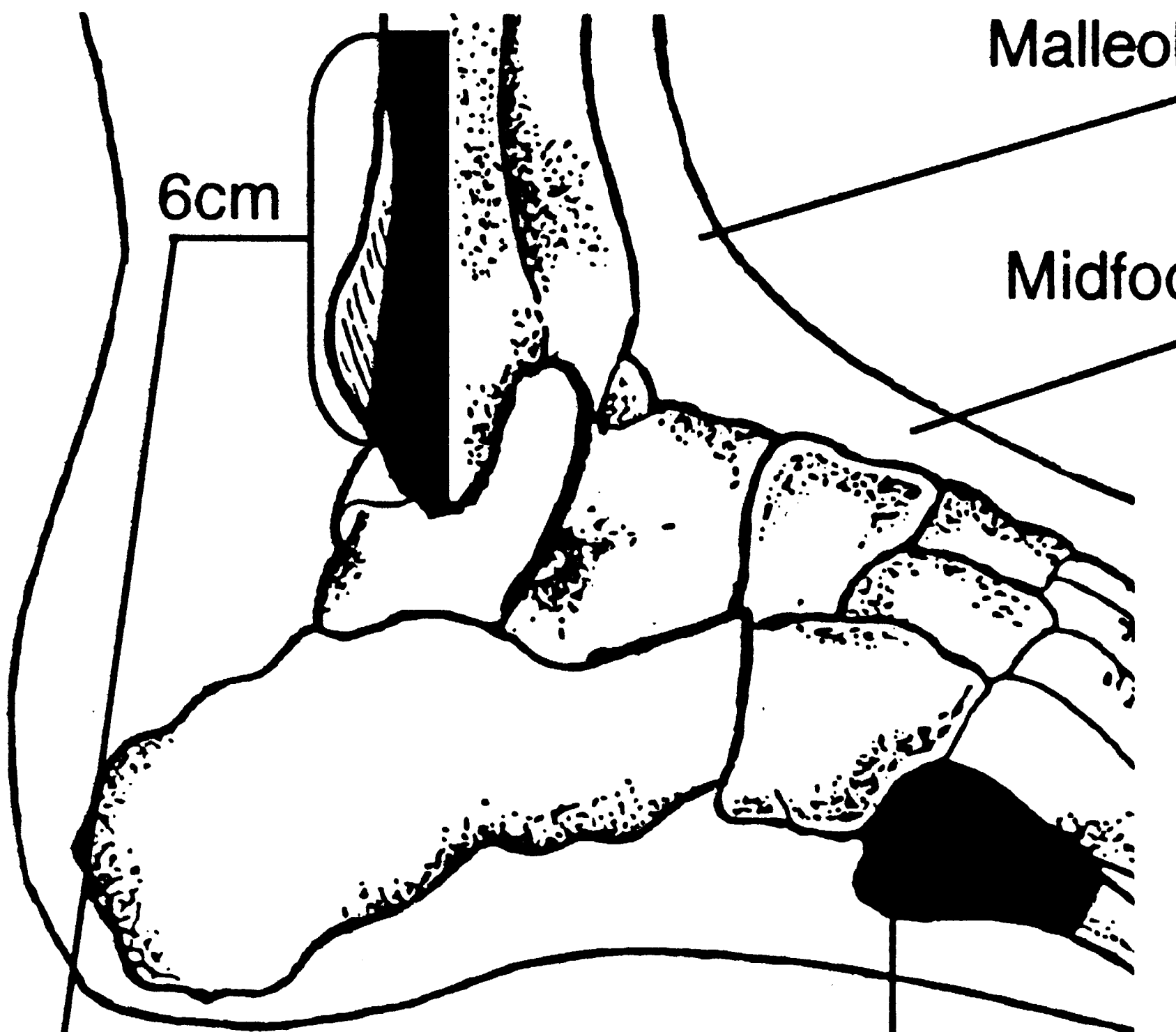


Ottawa rules

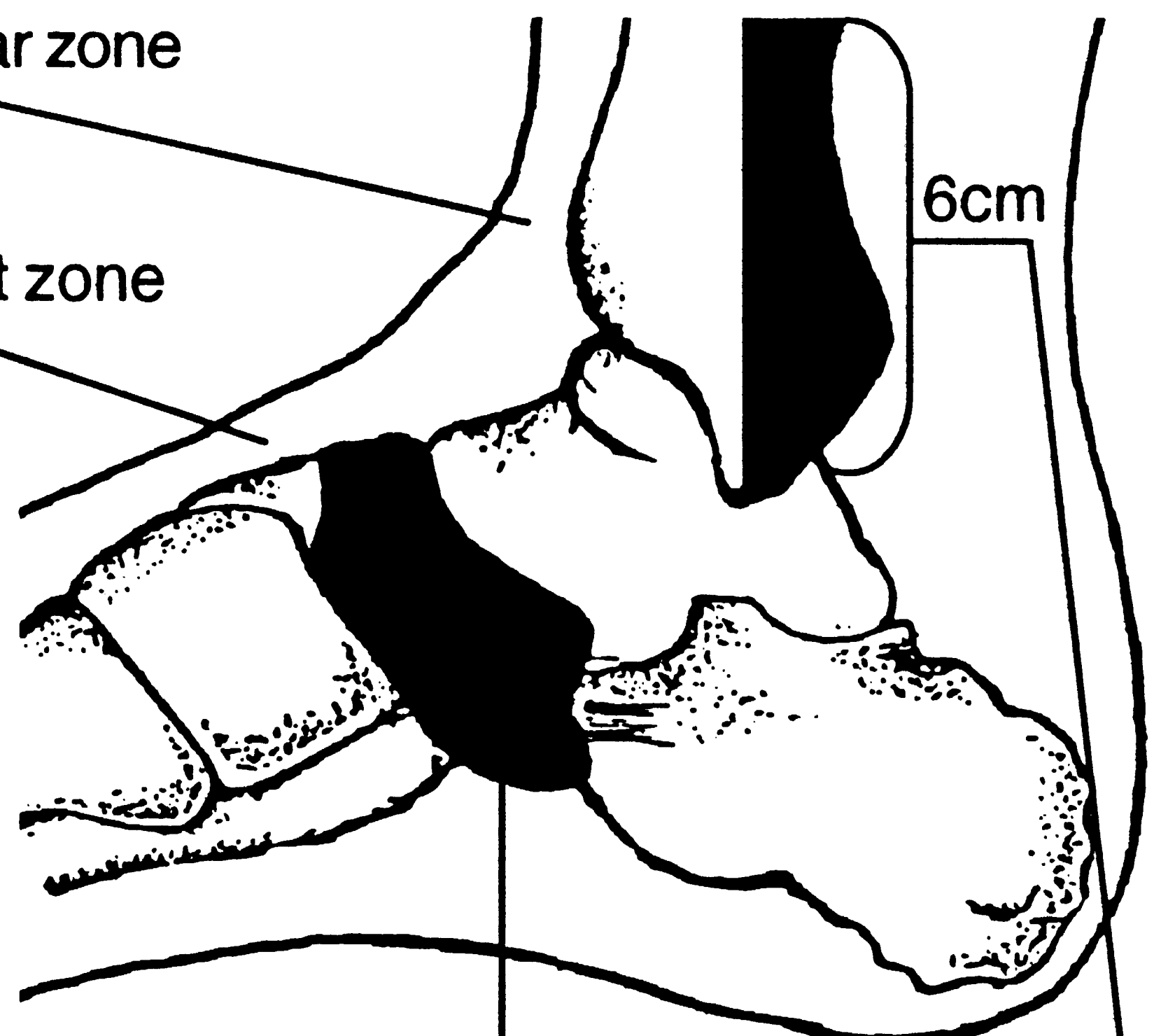
LATERAL VIEW



A
Posterior edge or tip
of lateral malleolus

C
Base of 5th
metatarsal

MEDIAL VIEW



D
Navicular

B
Posterior edge or tip
of medial malleolus

An ankle X-ray series is required only if there is any pain in malleolar zone and any of these findings:

- Bone tenderness at **A**
- Bone tenderness at **B**
- Inability to bear weight both immediately and in emergency department

A foot X-ray series is required only if there is any pain in midfoot zone and any of these findings:

- Bone tenderness at **C**
- Bone tenderness at **D**
- Inability to bear weight both immediately and in emergency department