


Mini Mental State Examination ¹

Patient name _____

Date of birth _____

Date of test _____

Section	Questions:	Max. points	Patient score
1 Orientation	a) Can you tell me today's (date)/(month)/(year)? Which (day of the week) is it today? Can you also tell me which (season) it is?	5	
	b) What city/town are we in? What is the (county)/(country)? What (building) are we in and on what (floor)?		
2 Registration	I should like to test your memory. (name 3 common objects: e.g. "ball, car, man") Can you repeat the words I said? <i>(score 1 point for each word)</i> (repeat up to 6 trials until all three are remembered) (record number of trials needed here:)	3	
3 Attention & Calculation	a) From 100 keep subtracting 7 and give each answer: stop after 5 answers. (93__86__79__72__65__).	5	
	<i>Alternatively</i> b) Spell the word 'WORLD' backwards. (D__L__R__O__W).		
4 Recall	What were the three words I asked you to say earlier? <i>(Skip this test if all three objects were not remembered during registration test)</i>	3	
5 Language	Naming Name these objects (show a watch) (show a pencil)	2	
	Repeating Repeat the following: "no ifs, ands or buts"	1	
6 Reading	(show card or write "CLOSE YOUR EYES") Read this sentence and do what it says.	1	
	Writing Now can you write a short sentence for me?	1	
7 Three stage command	(Present paper) Take this paper in your left (or right) hand, fold it in half, and put it on the floor.	3	
8 Construction	Will you copy this drawing please?	1	
			
Total Score		30	

Examiner _____

Notes _____

Scoring the Mini Mental State Examination ¹

- 1 **Orientation** 10 points
 - a) Ask for specific facts omitted until a response has been given to all 10 parts of the question. Score one point for each correct response.
 - b) Ask each question in turn. Score one point for each correct response.
- 2 **Registration** 3 points
Name a sequence of three unrelated objects e.g. (apple, table, penny) or (ball, car, man) taking about a second to say each word. Ask the patient to repeat all three words. Score one point for each word remembered at first attempt. If response is incorrect after repeating the test five more times, recall cannot meaningfully be tested - skip section 4.
- 3 **Attention & Calculation** 5 points
 - a) Serial sevens: score one point for each correct subtraction of seven.**OR**
 - b) Spelling backwards: one point is deducted if a letter is missing and one point is deducted for each remaining letter out of sequence (e.g. DLRW = 4; DLORW or DLW = 3).
- 4 **Recall** 3 points
Score one point for each word recalled.
- 5 **Language - naming/repetition** 3 points
Score one point for each correct response. One trial only for the sentence.
- 6 **Language - reading/writing** 2 points
Score one point only if patient actually closes their eyes.
Score one point if sentence contains a subject and a verb and is sensible.
Ignore mistakes such as grammar or punctuation.
- 7 **Language - three stage command** 3 points
Give the patient a piece of plain blank paper and follow the command.
Score one point for each part correctly executed.
- 8 **Construction** 1 point
Score one point if each pentagon has five angles and two angles intersect.
Ignore tremors or rotation of pentagon.

General information

- Make patient comfortable
 - Establish rapport
 - Praise success
 - Avoid pressing on items which the patient has difficulty with
 - Test is not timed.
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- MMSE measures include aspects of cognition such as memory, orientation, attention, language and praxis ¹
 - The projected decline in MMSE scores for untreated patients is approximately 3 points per year ²
 - Efficacy of **Aricept** has been evaluated in patients with MMSE scores of between 10-26 points. ^{3,4}